



# 2010 SUMMER JUMP TRAINING & CONDITIONING REGISTRATION FORM

Jump Training and Conditioning program will emphasize proper jumping techniques, strength training, and core and upper body strength training.

~~Monday & Wednesdays nights from 8:00-9:00 pm~~

~~July 5<sup>th</sup> thru August 23<sup>rd</sup>.~~

**DAYS CHANGED TO TUESDAY & THURSDAY JULY 6<sup>TH</sup> – AUGUST 24<sup>TH</sup>**

**\$250.00 for summer program**

PARTICIPANT'S NAME \_\_\_\_\_ EMAIL \_\_\_\_\_

PARENT'S NAME \_\_\_\_\_ CELL PHONE \_\_\_\_\_ HOME PHONE \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIPCODE \_\_\_\_\_

AGE \_\_\_\_\_ BOY \_\_\_\_\_ GIRL \_\_\_\_\_ T-SHIRT SIZE (YOUTH M, L ADULT S, M, L, XL) \_\_\_\_\_

**T-Shirt given to participants to 1<sup>st</sup> event signed up for during the summer programs**

WAIVER & PROGRAM PARTICIPATION

The undersigned hereby agrees to defend, indemnify, and hold harmless California Heat Volleyball Club and its coaches and director against any and all losses, liability charges, and expenses (including attorney fees), and costs which may arise by reason of participation in this program. (California Heat Volleyball Club does not provide accident, medical, liability, workers' compensation insurance, or any insurance for program participants.) As a parent/guardian, I hereby consent to emergency treatment of my minor child as a result of accident or injury. I agree to pay any and all costs incurred as a result of said treatment. I agree to carefully inspect and satisfy for myself that the facilities provided are reasonably safe for their intended use. Once having conducted the inspection, I agree to expressly assume the risk of participation at the premises. I understand the California Heat Volleyball Club retains the right to use photos taken during activities for publicity purpose.

Signature (Parent/Guardian)

\_\_\_\_\_ Date: \_\_\_\_\_

SIGNATURE REQUIRED TO PROCESS REGISTRATION

CHECKS PAYABLE TO:

MAIL CHECK & REGISTRATION FORM TO:  
(Credit Card Payment available at Location only)

California Heat Volleyball Club, Inc.  
300 S. Lewis Road, Unit D  
Camarillo, CA 93012

For more information

[www.californiaheatvbc.com](http://www.californiaheatvbc.com)  
[calheatvbc@gmail.com](mailto:calheatvbc@gmail.com)  
805 657-6700

Sessions have limited enrollment, so register early

**You do NOT have to be a member of California Heat Volleyball Club to participate in our summer programs.**